

insight

A Magazine for The International School of Macao Community

FALL 2018

Clean Drinking Water for South Sudan

How we are helping!

Repairing Ancient Walls in Fujian, China

Grade 6 Experience Week

STEAM Projects get underway

Changing the way we learn

Robotics showcase at Science & Technology Expo

+ Tiger Athletics off to a roaring start



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EDITORS' NOTE

It has been a wonderful start to a new school year! First and foremost, we have our new Head of School, Mr. Mark Lockwood, on board. We can definitely feel his enthusiasm and positivity ripple throughout the hallways of TIS. He's certainly making his *mark* at TIS. Together with our new Secondary Principal, Mr. Lorne Schmidt, they are a great addition to the TIS leadership team.



The first term is always one of our busiest times of the school year; it is also one of the most exciting with the start of the new academic year and several of our popular annual school events. The highlight and theme for this year is giving back and helping those less fortunate than ourselves. Our inaugural Activist-In-Residence program with Salva Dut has been a huge success. Led by Mr. Dennis Stuebing, together with the team from Inspire Citizens, every grade level at TIS, extending all the way out to the wider TIS community have been involved with the program. From kindergarten through to high school, our students learned about Salva's organisation whose mission is to provide access to clean, safe drinking water for thousands of people in South Sudan. The school community has come together as one village to raise awareness and raise funds to build a water well and aid hygiene education in South Sudan. In this issue of Insight, you can read more about Salva's visit and how he has inspired our students and teachers.



STEAM has been officially launched at TIS! STEAM is an educational approach to learning that uses Science, Technology, Engineering, the Arts and Mathematics as access points for guiding student inquiry, dialogue, and critical thinking. It is definitely exciting to see all the various STEAM projects get underway in the coming months throughout the school!



On the athletics front, it is only the first semester and Tigers Athletics is breaking records in more than twenty overseas and local tournaments. We can't wait to see what our Tigers will accomplish next semester.

We hope you enjoy reading the stories featured in this issue that showcase the hard work and talents of our students.

Rin Yang and Kathy Seto
Co-editors

Contact us at

Macau University of Science
& Technology, Block K
Avenida Wai Long
Taipa, Macau
Phone: (853) 2853 3700
Website: www.tis.edu.mo

Head of School
Mark Lockwood

Principal Secondary School
Lorne Schmidt

Principal Elementary School
Mary-Anne Jasinski

Vice Principal High School
Martin Brown

Vice Principal Middle School
Dominic Masters

Vice Principal Elementary School
Amanda Kiat

Vice Principal Kindergarten
Nick Chignall

ACTIVIST-IN-RESIDENCE (AIR) PROGRAM 2018

With: *Salva Dut, Water for South Sudan & Aaron Moniz & Steve Sostak, Inspire Citizens*

by *Dennis L. Stuebing, Ph.D*



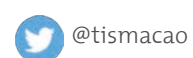
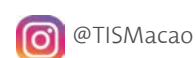
An Excellent Educational Experience For All Students

As the new Head of School, it is truly an honor to work in a school community where the staff and parents care deeply about education and want what is best for children. I feel very fortunate to lead a school where we strive to provide an excellent educational experience for all of our students (Pre-K to Grade 12) and work collaboratively to develop all children as lifelong learners who are healthy, active and happy.

TIS is a caring and nurturing international school committed to offering a high quality education to all students, enhanced by a diverse, interest-based extra-curricular program. This is framed by our mission of developing lifelong learners who are socially responsible, think critically, problem solve and make positive changes as global citizens. It's a commitment that requires teamwork, focus, intention, collaboration, strategic planning, expertise, effective communication, patience, and a good sense of humor certainly helps along the way.

As you can see from the contents of this edition of Insight Magazine, we have strength through the diversity of our programming. We achieve this by hiring great people, both teaching and non-teaching, who are very talented and have an enduring passion for working with children. They bring with them unique skills, interests and expertise that translate into a wonderful mosaic of teaching and learning at TIS. Their intention is to show students that through hard work, dedication to learning, supporting one another, and achieving goals leads to success, both individually and collectively. This is why it is so great to work at The International School of Macao and what makes working in education the best job in the world.

Mark Lockwood
www.tis.edu.mo/news



Why should TIS students care whether people in South Sudan have clean water? According to Salva Dut, it's because "we're all one village".

On November 1st and 2nd, TIS launched its first Activist-in-Residence (AIR) program with Salva Dut, former lost boy and founder of Water for South Sudan. As a new program, AIR aims to bring to life TIS' mission "to develop socially responsible, lifelong learners able to problem solve, think critically, and make positive changes in our global community" by giving students access to an expert from the field of activism.

In September, in preparation for Salva's visit, Aaron Moniz and Steve Sostak of Inspire Citizens, came to TIS to work with teachers and students on project-based learning, as well as literacy and leadership activities. Their involvement in AIR connected Salva's message on access to clean water, sanitation, and hygiene, to classroom activities, and the United Nations Sustainable Development Goals (SDGs).

During the program, approximately **75%** of TIS' students from Pre-K to Grade 12 (48 classes, nearly 1000 students) met with Salva, Aaron, and Steve. Students were given help with personal narratives, inquiry on movement, literacy circles using "A Long Walk to Water", science units on liquids and water, and had the chance to ask Salva questions about his life and work. TIS hosted "An Evening with Salva Dut" on November 1st so that parents and community members were also able to benefit from Salva's message and the AIR program. AIR finished with a conference for approximately 80 students from Elementary and Middle School Leadership, High School Student Council, and 10 students from Macau Anglican College. The conference included workshops, led by students, on leadership skills and techniques.

AIR was a school-wide program that included a fundraising goal of \$16,000USD (approx. 130,000 MOP) to enable Water for South Sudan to provide a well in a community in South Sudan. By engaging students, parents, teachers, and others in our community, we were brought closer together, to learn, and like a village, to respond to others' needs. Fundraising will continue until we reach our goal or until the end of December (whichever comes first).

At TIS, teachers and administrators continually look for ways to enhance the learning experiences available to our students. With this goal in mind, an organizing committee was started in the spring of 2018 to investigate what STEAM education could look like at TIS. This committee was composed of educators, coordinators and support staff and they were tasked with answering the following questions:

- 1) What is STEAM?
- 2) Is STEAM education beneficial? Why or why not?
- 3) How could we introduce STEAM teaching and learning into our classes?
- 4) How would we support teachers and help them plan and implement STEAM projects?

The committee started by clarifying what STEAM is and what it isn't. At the basic level, the acronym STEAM refers to Science, Technology, Engineering, Arts and Mathematics. STEAM is not a curriculum, but rather a teaching philosophy that focuses on multidisciplinary learning, inquiry and problem solving; areas that are key in preparing our students for a rapidly changing world.

For our purposes at TIS, STEAM refers to teaching and learning that is multidisciplinary. This means that teachers will implement projects that combine learning objectives from three or more learning areas (subjects). These types of learning opportunities mimic real world experiences where individuals have to rely on multiple types of knowledge to solve a problem.

STEAM Has Arrived at TIS!



Supporting our teachers is key to ensuring that STEAM is incorporated successfully into teaching and learning. TIS has taken the following steps to support STEAM implementation:

- A permanent TIS STEAM Committee was created
- STEAM Lead Teachers were appointed in grades 1 - 6 to oversee implementation
- STEAM was the focus of our first Professional Development Day of the year and a guest speaker from Hong Kong led two STEAM workshops for teachers
- Eight TIS teachers are currently enrolled in a maker education course offered by the Harvard Graduate School of Education
- Allocation of funds for resources specific to supporting STEAM implementation

We also recognize the need to implement STEAM in a controlled and attainable manner. As such, grade 1 - 9 teachers are required to take part in only one STEAM project for the 2018-19 school year.

This will no doubt be an exciting year for students and teachers at TIS as STEAM projects get underway. Check out the next edition of Insight Magazine for updates on STEAM implementation at TIS.



Learning Through Exploration & Self Discovery



Pre-kindergarten students have had a busy and exciting start to the year. Children have been learning their daily routines, building friendships, and working on various projects to expand their knowledge about themselves and the world they live in. Everyday, children in pre-kindergarten engage in meaningful play that provides multiple learning opportunities and enhances their developmental skills. Our classes have been exploring and learning about topics such as emotions, colours, the five senses, water, and animals. The children have guided us through the inquiries with their questioning, exploring and self discovery.

Since the beginning of the school year, all pre-kindergarten children have enjoyed participating in special school events such as creating lanterns for the Mid-Autumn Festival, joint House Team activities with high school students, dressing up in costumes for their Halloween party and participating in our Activist-in-Residence Program.

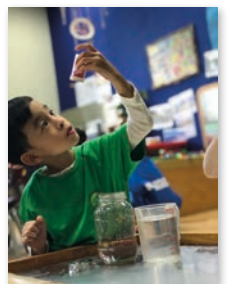
As we move forward in our school year, we will continue to develop our interest through different projects and fun-filled experiences such as field trips and special events.

Our Learning Journey

It's been a busy start to the year in Junior Kindergarten. As our students entered JK, we jumped straight into our learning adventures! Our students worked on projects about our 5 senses, self-portraits, emotions and looked at ZONES to see how we can express and regulate ourselves. We also dove into the world of colours; mixing, painting, drawing and experimenting with light and shadow, while creating beautiful masterpieces that you can find displayed all around our school. In our classrooms, our students take us on a journey as they navigate their own learning journeys.

Behind all the playful learning, the underlying concept carried across the past couple months has been "Who We Are" as an individual, as a member of the classroom, and as a member of the community. By exposing our students to many stories and social situations, we are learning to follow the 3 B's with more independence: Be Responsible, Be Kind and Be Respectful. In Junior Kindergarten, our friends may not be able to read a full book, or write a whole sentence... but they will develop the necessary skills to grow up and become creative and independent problem solvers. Our friends help and take care of each other on a regular basis, building more friendships as each day passes.

We look forward to beginning this 2019 year with new learning journeys!



Introducing STEAM into SK Learning

Why is STEAM important in Senior Kindergarten?

The integration of STEAM (Science, Technology, Engineering, Art, Maths) into SK provides different contexts for problem solving ideas and strategies to develop. Students are presented with meaningful challenges and real world dilemmas that promote teamwork, cooperation and collaboration among peers. Open ended projects allow students to investigate and explore the way things work and how materials can be used for different purposes. STEAM activities in SK provide the opportunity for students to develop communication skills as ideas are shared. The cross curricular benefits of STEAM encourage students to make connections between topics, concepts and ideas. Projects and provocations offer opportunities for creative expression and hands on learning to occur. SK students learn how to ask questions, make suggestions and test solutions in the context of inquiry based learning. During STEAM activities, SK teachers act as facilitators to promote student involvement and engagement through questioning.

What are examples and evidence of STEAM in SK?

Students were helping to solve a problem: a teacher misses his dog but she's stuck in America, while he's here in Macau. Using classroom materials, the students worked to build stable bridges to help the dog travel to Macau.

Students have been working in a modest Makerspace to create and build. Students have been bringing items such as paper tubes, boxes, bottle caps, and plastic containers. Popular builds have been skyscrapers, paper tube ninjas, and rockets. Students are learning how to safely use tools such as hacksaws, wire cutters, screwdrivers, and hot glue guns.

Students used their knowledge about patterns to complete the challenge of building a tower! They explored using buttons and playdough as the materials for their tower. Cooperative teamwork and creative problem solving assisted the students to build unique towers.

Students worked together to determine which group could make the longest paper chain. With only one piece of paper and limited time, students quickly had to learn how to work together, communicate, and solve problems while gaining a better understanding of how to measure and compare items.

Students have begun to explore and develop early coding skills through the introduction of various technologies and games. Using Beebots, students are developing ideas about planning, designing, testing and retesting problem solving strategies. Programming a Beebot to navigate along a line, create different shapes and move to different spaces on a game board promotes understanding of early numeracy concepts.



KIDS EAT FREE

Grand Lapa Macau Kids Policy

Children aged 5 and under dine for FREE and kids aged 6-18 years enjoy up to 50% discount.*

- * Child must be accompanied by at least one full paying adult.
- * Maximum of two kids dine free per table.
- * Policy applies to buffets only.

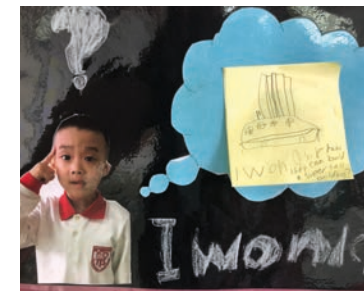
Get connected with us



The City Around Us

Recently, the Grade 1 students

investigated the question, "How can we construct a safe and caring community?" as part of their first STEAM unit, Communities and Buildings. In this unit, students explored different aspects of their community including the groups to which they belong, their roles within each group, and the rules that govern the groups. Students examined the buildings found within their community and explored the different kinds of shapes making up each structure. For Art projects, students created watercolour paintings of a church found on their field trip to Coloane Village as well as a multimedia piece of Macau's skyline. Throughout the unit, students asked "I wonder" questions in preparation for their final project which required them to construct their own city.



KIDS' BIRTHDAY PARTY

Have an unforgettable party at the Kids Co. at Grand Lapa, Macau!

- Colorful decorations
- Exciting party games
- Invitation cards and souvenir photos
- Face painting / tattoo painting
- Party favours and giveaways
- Extensive selection of buffet menus
- Bumper ball and bouncy castle



More Info



Exploring Liquids

Grade Two students have been building their understanding of liquids through a variety of provocation and exploration activities. Our unit began with a provocation led by expert scientists, Mr. Ted Barks and Mr. Jason Liu. Students had a hands-on opportunity to test a variety of materials, searching for an answer to the question, "What is a liquid?" The goal of this activity was to introduce studying liquids and concentrating on what liquids look and feel like. Our unit continued following an inquiry process where students explored properties, characteristics and behaviours of liquids to deepen their understanding. Salva Dut's visit helped to move our unit along, as the focus of learning shifted towards human responsibility and access to water. Prior to his visit, students participated in a whole grade Water Challenge where they had to transport water from one side of the field to the other, to build empathy and understanding of others access to water. This challenged students' understanding that water isn't always easy to access, and expanded their perspective to recognize that in some places in the world, like Salva's village in South Sudan, people have to walk far distances to access water. Sharing his story through the book, *Just Add Water* by Robin Hill and Charles O. Hall, as well as Salva Dut's presentation, students gained empathy and compassion that led towards wanting to make a difference and feel empowered to make a change. Our unit will conclude with each student in Grade Two developing their own action plan recognizing a water problem around them, designing and carrying out a plan to help solve the problem and asking others to join them in making a positive impact.

Students' Comments:

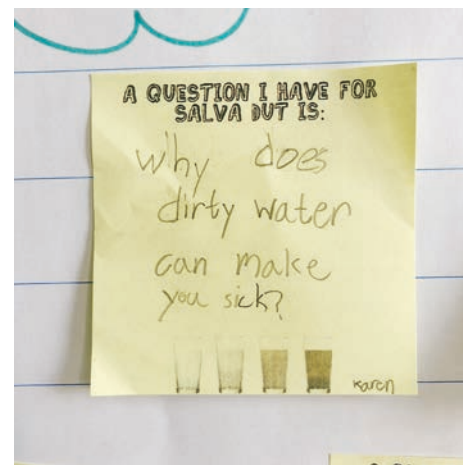
"We went to the science lab and saw and tried different things to see what is liquid. There was something white that started hard, but then melted and turned into a liquid in your hands." -Jamie 2-5

"After the water challenge, I felt tired. This reminds me of how people in South Sudan have to walk for hours or even days to get water." -Ananth 2-2

"I wonder why is water so heavy?" -Sophia 2-1

"We are passionate about school waste. For our action, we are going to make a puppet show about water." - Hannah and Hykie 2-4

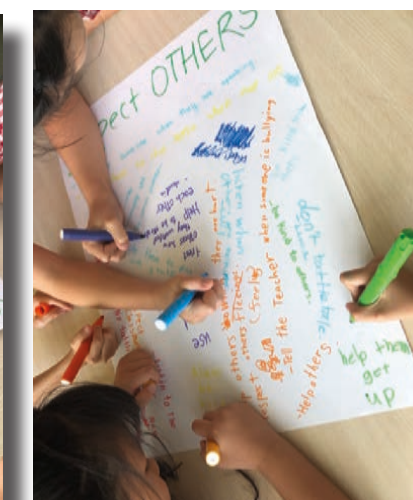
"I feel very good about taking action because we can help save water. It is important to save water because it is the main resource for life." -Bryan 2-3



MACE (Moral And Civic Education)

The Grade 3 students have been spending a lot of time building our classroom community as it is so important for learning and well-being to have a safe and positive classroom environment. We started the year by setting classroom expectations and making essential agreements. Students learned how to work together through various team building activities, and are using restorative practices to problem solve.

The *Zones of Regulation* is a program used throughout Elementary School at TIS. It is designed to foster self-regulation and students learn strategies to manage their feelings and emotions. We have spent the beginning of the year reviewing the characteristics of each coloured zone. Students will continue to recognise and monitor their own feelings and emotions, and should be able to describe which zone they are in. We encourage students and their families to use *The Zones of Regulation* language outside of school and at home.



TIS Gives Back

As part of the TIS vision to give back to the community, grade four students have been innovative and creative in conducting projects with a local and international scope.

Caia, Guilietta, Alba, and Joana planned and ran a very successful bake sale over two recesses selling pizza, finger sausages, cookies and refreshing homemade lemonade.

"We felt it was important to fundraise because we wanted to give back to the people of Laos and change their lives and make them better. We did a fundraiser last year, so we wanted to raise money again for another important cause."

- Caia, Guilietta, Alba, and Joana

In the summer, Nicole and Karson went to Qinghai and visited a local village. Here is what they had to say about their experience:

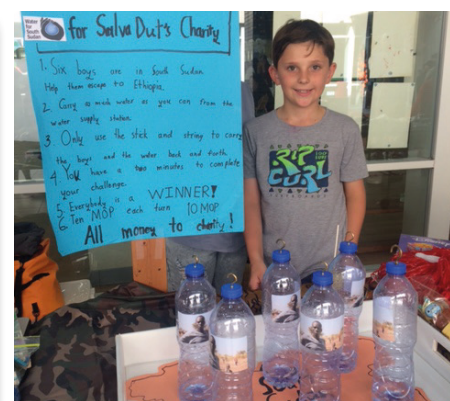
"We went to Qinghai to give back to the community there. I learned that it was a very poor place to live so we brought them pencils, crackers, toys, clothes, and other gifts. I am very grateful for all that I have and I am very lucky to live in Macao."

- Nicole and Karson

Herb was inspired by Salva Dut's foundation and created a game that raised money to build water wells in South Sudan. Here is what he had to say about where he got his inspiration:

"I was inspired by Salva Dut's story because when I thought about it I realized that we can save hundreds of people with one donation and if everyone donated we could change the world and people's lives. Even if you donate one MOP you can make a difference. We can do it together!"

- Herb



One Pair of Hands Can Make Such a Huge Difference!



Following the success of last year's TIS family service trip, the TIS community was given the opportunity and choice between two trips this year. One group returned to rural Chiang Mai, Thailand and another group of families ventured into rural Laos. Some of our Grade 5 students were fortunate enough to gain an experience of a lifetime, working hard and giving back to the world. Here are a few of their thoughts and memories!



"At first I was super excited to go to Laos. When I got there it was fun to work with everyone (building dormitories for school children). I got super muddy and had to have a bucket shower. I hated it, but me and my friend came up with a solution, a hose shower. I learned how lucky I was to live in a place where I can get to school in 7 minutes instead of 7 hours."

- Lucas 5-1



"I found stepping in the mud without getting hurt [difficult]. There were a lot of rice husks that were sharp. There also were ants and worms. I found that it was a lot harder to sleep because it was hotter there. We were on a mattress that was covered with a mosquito net. It wasn't like Macau."

- Jimmy 5-2



"I was having a hard time hiking up the mountain. They also didn't have AC. I didn't really think about not having AC as a problem because they had very cold water to take a bath."

- Dicky 5-2



"I was trying to face my fear with mud when I went to Chiang Mai. There was also an AC problem."

- Preston 5-2



"The shower was really cold and the water wasn't constant because we had to put water in a bucket and pour it on ourselves."

- Leanne 5-2



"I feel really proud of myself because we helped so many people in the village. While we were there, we made mud bricks to build a library because in that particular village, they didn't have a library. When we left the village, I felt very sad because I knew that I would really miss my homestay because the people were very nice and I really liked them."

- Rocky 5-4



Grade 6 Experience Week 2018

By Linda (6-2) and Mayli (6-4)

It isn't always easy to say "yes" to something that seems difficult. But that is exactly what the Grade 6s were faced with on a recent trip to Fujian, China. We experienced a taste of rich culture that we had never seen before, gazed at a starry sky for the first time and formed new friendships. Giving back to our community has recently been a big topic in Grade 6 and it was a wonderful chance to put this into action.

The Fujian mud houses have a long history of over six hundred years, yet people still live in them! Over time, the mud has worn away and fewer people are living in the village to help maintain them. So we set to work, mixing mud and concrete and a touch of individual sweat dropped in from everyone. We repaired the walls and rebuilt the cobblestone courtyard floor.

As we live in Macau, we are not exposed to a rural environment, so it came as no surprise when everyone was reluctant to begin the activities of farming and repairing the mud houses. By the end of the day, our hands were filthy, dirt was cemented between our fingernails, but to everyone's astonishment, we felt proud. We all had big smiles on our faces as we talked about what we accomplished together.

The end of experience week was a wistful, jubilant, and emotional one. We sadly said goodbye to Fujian and our new friends but knew we were taking with us lasting memories. This will be a trip we will never forget!



Introducing the 2018-19 Elementary PE Team

Mr. Ricketts, originally from Alberta, has joined TIS after teaching PE in Japan for several years. Another addition to the team this year is Ms. Zak who also has years of PE experience teaching back home in Canada and also internationally. Mrs. Morgan is from Australia and has been teaching at TIS for many years, but recently joined the PE team last year. Mr. Williams is in his third year at TIS; he taught PE in Korea and the USA. Last but not least we have Hei Lam, our student intern from Macau who is helping out the team until she leaves for university in the new year. We are a diverse and passionate group, who are excited for the 2018-19 school year.



Collaboration

The four members of the elementary PE team, along with Coach Hei Lam, spend a considerable amount of time co-teaching and collaborating on lessons. Because of this, we are able to share ideas, support one another in and outside of the classroom, allowing us to give our students the best physical education experience possible. This year we are very fortunate to have Mrs. Lockwood provide us with some valuable professional development as she shares her years of experience and expertise.



Ball Skill Development

At TIS, we emphasize the importance of teaching manipulative skills because we want all our students to develop and improve their motor skills, hand-eye coordination, and timing. Our students have been hard at work developing throwing, catching, dribbling, and kicking skills. SK students demonstrated no fear when given a challenge and were eager to try new things. Their ability to throw a ball continues to improve. Grade 1 and 2 students have shown a lot of growth in their ability to throw a variety of balls with accuracy and consistency to a teammate. They also demonstrated skill with their feet. Our Grade 3 to 6 students are learning how to throw and catch American footballs and rugby balls. For most this is a new skill, however, they eagerly participated with enthusiasm.



ZONES of Regulation

This year, the PE teachers are incorporating the "Zones of Regulation" in the Health Curriculum. Zones is an approach used to teach self regulation, by categorizing the way we feel. This framework teaches students to be more aware of how they feel and how to better resolve conflict. Students are learning how their behavior impacts those around them and what tools they can use to manage their feelings.



STUDENTS TAKING THE LEAD ON LEARNING

The Elementary Leadership Team recently helped plan and lead sessions at the Student Leadership Conference hosted by TIS. Together with the middle school and high school leadership teams, they organised exciting and thought-provoking activities to help teach the attendees key skills and competencies such as public speaking, collaboration and communication. The highlight of the conference was the keynote speaker - Mr. Salva Dut, who shared his insights into the importance of being passionate and taking action to affect change, no matter what our age. The afternoon was full of learning and inspiration!

Next up, the Elementary Leadership Team will be planning our annual Helpers' Tea.



STUDENT SERVICES DEPARTMENT

The Student Services Department is a large comprehensive department within the school that provides support for students. In keeping with the TIS Pyramid of Support. The philosophy of the department is that all students can be successful given the right support and opportunity. The department supports not only the students but also the teachers, parents and families associated with TIS.

INCLUSIVE SUPPORT FOR STUDENTS WITH SPECIAL NEEDS

The Inclusive Education team work closely with students and parents by implementing detailed individual planning programs so that the student can be successful in the classroom. Inclusive teachers work within the school and with teachers and students to offer their expertise. Inclusive students access a number of support services within the school to enhance their learning opportunity and their personal growth

PSYCHOLOGIST TEAM

Our Educational Psychologists are trained to screen and assess students when required. They work closely with the inclusive education department to provide data when required so that students are fully supported in their learning. The psychologists also offer a variety of counselling services including sand play, play therapy and traditional counselling for those students and families who require additional support.

OCCUPATIONAL THERAPIST

The Occupational Therapist offers individual sessions or can work within the classroom to support teachers and students with added strategies. The Occupational Therapist is able to implement programs to help students develop fine and gross motor skills.

SPEECH AND LANGUAGE PATHOLOGIST

Our Speech and Language Pathologist is able to screen, identify and work with a range of students who may require speech and language services in order to assist with their development.

CARITAS COUNSELLING

The Caritas Counsellors team support students within TIS providing counselling and social skills building activities. The Caritas Counsellors play an important role for students and families who may also require counselling in Cantonese and Mandarin. The team is very active in providing students with a wide range of activities that they can participate in, including overnight camps and volunteering service options.

ENGLISH LANGUAGE LEARNERS TEAM (ELL)

The English Learners Language Program is taught by a team of ELL specialists who work with teachers from Kindergarten to Grade 12 to support the learning of English for students, within the curriculum framework. Language learners access the support they require through a variety of teaching and learning methods. The comprehensive screening and tiering of English language learners ensure that the programs implemented for learners are targeted to support the needs of the students.



ST REGIS
MACAO • COTAI CENTRAL



Chá Gordo - Fat Tea

“Fat Tea” is the literal translation of “Chá Gordo” in Portuguese, meaning a “rich spread” or “feast”. We are delighted to revive this traditional family home celebration with our extensive offering of hard-to-find signature Macanese dishes and local delicacies.

Every Saturday, 3:00 – 5:30 PM

MOPI48+ per person

- Semi-buffet style
- Including unlimited coffee or tea

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The St. Regis Macao Hotel, Cotai Central reserves the right to change, modify and adjust the rates at any time without prior notice.

The Art Scene at TIS



This year is shaping up to be filled with many wonderful arts experiences for the students at TIS. Every school year starts with lantern making for each of the elementary classes. The design and variety of the lanterns this year superbly upheld our tradition and created a memorable atmosphere for the Mid-Autumn Festival.

The Grade 4 and Grade 5 students are participating in an Artist in Residence program that will add more art installations to those already gracing the walls of the school. This year “texture” is the focus with warm and cool colours highlighting it. Weaving on hoops are providing some beautiful colours and soft textures.

The senior Art class moved into a new classroom this year and Ms. Chris Sonmez has done an outstanding job of making it student friendly and workable. A proper sink has been installed to make it paint cleaning worthy.

Rehearsals are underway in the elementary grades, with everyone working hard to produce the fabulous, annual Christmas concerts at TIS as well as the Christmas choir performances held at various hotels around Macao. Rehearsals at the senior level in Drama are producing some fun scenes. Senior musicians are practicing diligently for their Christmas Concert to be held at the Venetian this year. Directly after that they will be travelling to Guangzhou to perform and mentor students at the Canadian International School of Guangzhou.



Chinese Classes To Suit All Learners

There has been immense learning happening in our Chinese classes. Depending on the student's age group and learning style, teachers have carefully designed differentiated class instruction and activities. Students created colorful visual materials and performed their own stories in Chinese.



For younger learners, scratching characters in the "magic papers" not only makes writing fun, but also trains their fine motor skills.



Writing competitions are a great way to motivate our upper elementary students. Working collaboratively in groups, students enjoy sharing their knowledge and helping their group win.



Leisure reading is the best way to deepen students' understanding of the Chinese language. In our library, there is a wide collection of Chinese books that can meet the different language levels of our students.



Culture is always an inseparable part of the Chinese curriculum. During the Mid-Autumn Festival, students demonstrated their understanding of Chinese culture and traditions through handicrafts, cards and posters design.

In secondary Chinese class, students go on field trips to the local markets to experience shopping using the language. Through real life situations, learning is made authentic and meaningful!



Discovering the Food Chain An Exploration of the Owl Pellet



During our first unit in Grade 7 Science, students explored ways that life is interconnected. Dependency and interconnection can be observed by looking at food chains and food webs. One way to learn more about these topics first hand is through the dissection of an owl pellet.

Owls are predators. Most large owls feed on small mammals, birds, and reptiles and usually swallow their food whole. The owl does not digest the hair, bones, teeth or feathers of its prey. Instead, a part of the owl's digestive system presses these parts together to form a pellet, which it eventually spits out.



Students were taught laboratory safety skills and applied them throughout the entire dissection activity. They were enthralled by what they found in the pellets. Students identified bones from a variety of small mammals such as moles, shrews, and rodents. One student also found a fully intact bird skull in his pellet! After cleaning and identifying different bones, students were able to tell what and how much their owl had eaten. This was one of the most memorable activities so far in Science 7, which was evidenced by numerous students asking "Ms. Clack, can we do this again tomorrow?"



Learning To Be Socially Responsible Citizens

Co-written by: Eunice, Alexia and Jonathan

This year in ELA, Grade 8 students read an extraordinary novel called *The Long Walk To Water* by Linda Sue Park. The novel is set in South Sudan and focuses on two main characters at two different points in time, Salva in 1985 and Nya in 2008. The two narratives showed us two different perspectives on everyday life in a place completely unfamiliar to us, far away from Macau. As we were reading this novel, we decided to raise money to help Salva and his nonprofit organization called Water For South Sudan to build wells for people who do not have access to clean and safe water in South Sudan.



Inspired by Salva's story, Grade 8 students decided to take action. We created a number of initiatives aimed at raising awareness about issues involving water in the world today. Some of us looked at possible ways to recycle things, others decided to contact the government and alert them about local problems, and a number of us continued with fundraising activities.



Just as we were wrapping up our social activism projects, Salva visited TIS and we had the chance to meet him. The encounter was truly sensational. The Grade 8 group had many questions for him. He answered question by question, each with a detailed explanation. Salva is truly a great man who is determined, tenacious, and persevered. He taught us to "Stay calm when things are hard or not going right for you. You will get through it when you persevere instead of quitting. Quitting leads to much less happiness in life than perseverance and hope."



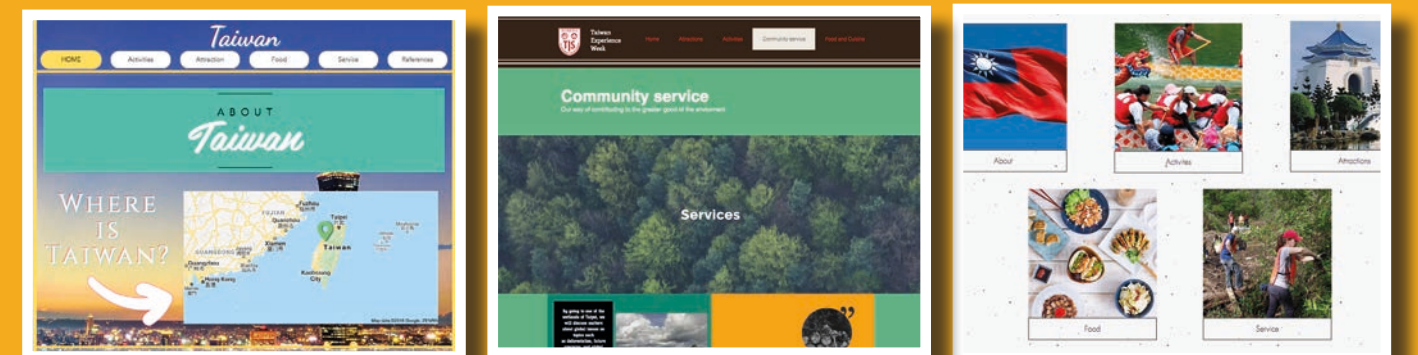
This experience taught us to be grateful that we are really lucky to be born in a peaceful environment where we have access to everything we need.



Web Design

Middle school ICT students have been learning and exploring techniques using the Elements of Web and Graphic Design. Specifically in Grade 9, students used their knowledge of the Elements of Web Design and incorporated them into their own websites. Students had the opportunity to create a website using a program called Wix. They were able to personalize the graphics, layout, typography and web pages all through this program.

This year, Grade 9 students will be jet setting to Taipei, Taiwan for their upcoming Experience Week trip. With their new research skills, students created a site about the country of Taiwan incorporating the service component (CAS) and experience week into the curriculum. They researched interesting facts about Taiwan, popular attractions, variety of activities and well known Taiwanese cuisine. They also incorporated a service page on their website explaining the volunteer work they plan to be a part of and why it is important for Taiwan and our environment.



MIDDLE SCHOOL LEADERSHIP

By Candice Alm, Dennis Stuebing



Over 40 students have started the year off right by joining the Middle School (MS) Leadership club! Their efforts have already had an effect on life at TIS.

Mid-Autumn Festival is a great time to celebrate with friends and family. Our students had the chance to serve the school community by leading carnival activities during the evening celebrations on 20 September. The MS Leadership club designed promotional materials, planned and led activities, and contributed to the overall jovial atmosphere of the event.

The MS Leadership club was also actively involved with the inaugural Activist-in-Residency with Salva Dut and Inspire Citizens. Six of our members co-led thematic workshops on leaderships skills for other students during the Leadership Conference held on November 2nd. They designed activities to inform and build the capacity of their peers on themes such as: confidence, needs analysis, action planning, sustainability, social justice, and collaboration.



BIANCA - GRADE 9

When I was in Grade 7, I was ecstatic at the thought of learning a new instrument. My first choice was to learn the flute and I was very grateful that Ms. Chu assigned the flute to me. The first few months were quite boring since we sat in a room and practiced our embouchure until we got lightheaded. But soon after we were given a piece to play, and to be honest, I think I only ended up playing less than half the piece on show day.

Fast forward to eighth grade, my spirits weren't as high going into music class. Everyone in my class was progressing quickly and starting to play really well, so I practiced relentlessly but I still felt like I was behind everyone else. I even switched to the trumpet for a while but that didn't turn out too well, so I went back to playing the flute. The moment that I realised I had improved was when Mrs. Chu told us that she would pick a few people to play a more difficult piece. We had to submit a recording playing the piece. I did my best and to my surprise I was one of the selected few! Truthfully, I didn't think I would be able to play the piece, but being chosen really made me realise that my hard work paid off. It's a cliché, but not giving up really does pay off. I'm grateful to have the opportunity to learn how to play a band instrument.



JASPER - GRADE 9



Hi, my name is Jasper. I have been playing the flute since Grade 7. I have thoroughly enjoyed the three years I have been in the middle school band. Prior to Grade 7, I did not have any musical experience, except the few instruments we played in elementary, the ukulele and the recorder.

In the Grade 7 band, we learned the fundamental basics of the flute and learned to play Christmas carols that we performed at the TIS 2016 Christmas concert. It was an honor to be part of that performance, and I believe learning those songs set a good foundation for the next two years of music.

In Grade 8, I learned a lot more about the flute, including how to perfect my embouchure, and the fingering for harder notes. We learned three phrases of Yugoslav Folk Songs, and also the sixth phrase to the ballet of Romeo and Juliet. A week before the concert, I still couldn't play the sixth phrase, and I was set to not perform in the Summer Concert. But I practiced every night until I got it, and proved myself to Ms. Chu. In the end, I got to be a part of the Summer performance.

So far in Grade 9, I continued learning the rest of the phrases for the ballet of Romeo and Juliet and I have enjoyed music classes. I think they are fun, and Ms. Chu puts a lot of her time into teaching us and making us the musicians she believes we are.





科大醫院座落於澳門路氹中心地帶上的澳門科技大學校園內。醫院宗旨是希望能在舒適和愉快的環境下，以先進的醫療設備，為患者提供優質的中、西醫醫療服務。醫院為澳門科技大學中醫藥學院、健康科學學院及藥學院的臨床帶教基地，也是全澳唯一一所具備大學支持的醫院。本院住院部設有雙人病房、私家病房及豪華病房，適合不同病患的需要。

The University Hospital is located on the campus of Macau University of Science and Technology, in the heart of Macau's Cotai Area. The University Hospital aims to provide high quality healthcare for both Western Medicine & Traditional Chinese Medicine services, with the advanced medical facilities, to all of our patients in a pleasant and comfortable environment. We are the teaching arm of the Faculty of Chinese Medicine, the Faculty of Health Sciences, and the School of Pharmacy. This makes it the only hospital in Macau fully supported by the advanced academic faculties. Our in-patient department provides various types of rooms, Semi-private room, Private rooms and VIP rooms, to suit patients' needs.

澳門氹仔偉龍馬路澳門科技大學H座
Block H, Macau University of Science and Technology
Avenida Wai Long, Taipa, Macau
www.uh.org.mo

查詢 / 預約電話 Enquiry/Appointment: (853) 2882 1838
傳真 Fax: (853) 2882 1788
hospital_enquiry@must.edu.mo

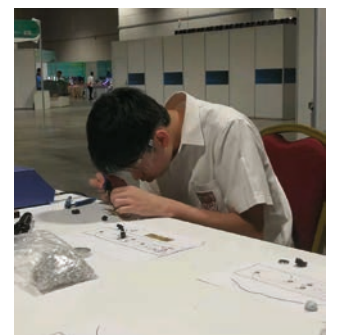
ROBOTICS SHOWCASE AT SCIENCE & TECHNOLOGY EXPO

By Domi (Grade 11)

The International School of Macao's

Robotics Team participated in the Science and Technology Expo at the Venetian. The event was hosted by the Macau Science and Technology Development Fund (FDCT) from October 10th to 14th. The purpose of the event was to promote the application of STEM (Science, Technology, Engineering, and Mathematics). Most schools in Macau participated in the event and showcased their success in science and technology. Many technology companies also participated in the event where they showcased their advanced Artificial Intelligence products and everyone had a chance to try them out. During the expo, our school held our own workshop. The goal of the workshop was to teach people how to make a portable DIY flashlight from scratch. Other than flashlight making, we also displayed lots of projects that we produced in school, such as LED night lights, prosthetic hands (TIS Enable), Lego EV3 robots, and Arduino robots.

Overall, our workshop was really successful, people who came to our workshop were intrigued by it and some of them were rather shocked that a flashlight could be made in such a short period of time. In my opinion, the event itself has been a great learning experience. When I was there, I had a lot of fun. I had the opportunity to ride on one of the AI simulators, which was an earthquake simulator, and the experience was unforgettable. What really made my experience valuable was seeing what other schools were working on. One school invented an electric skateboard that could be charged by a power bank. Another school made a Rubik's Cube solving robot. As a result, I learned that there are no boundaries for STEM. As long as you are creative and willing to turn your imagination into reality, you can accomplish anything. The Science and Technology Expo will be an unforgettable memory for me.

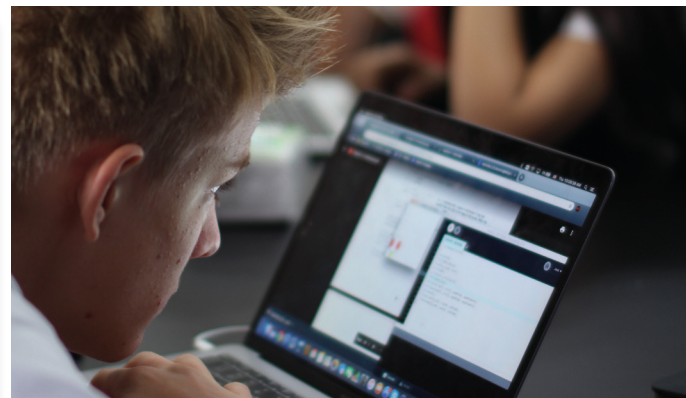


Who is the Next Bill Gates or Steve Jobs?

Ever wondered if the next Bill Gates or Steve Jobs is currently studying at TIS? We may soon find out. This is the first year TIS is offering a Computer Science course for Division 4. The students are learning programming methods and theory, along with lots of hands-on practice. They have the opportunity to show their creativity and the results have been amazing so far. Students are researching on their own and creating programs that are well beyond the average ability of this age.

Currently, the students are working on software but the future plans are digital logic and building their own personal computers, with many more advanced topics to come in the following years.

With so many professions requiring a solid understanding of computers, Computer Science will give them a firm understanding of the fundamentals and put them on track to be the Tech CEOs of the future.

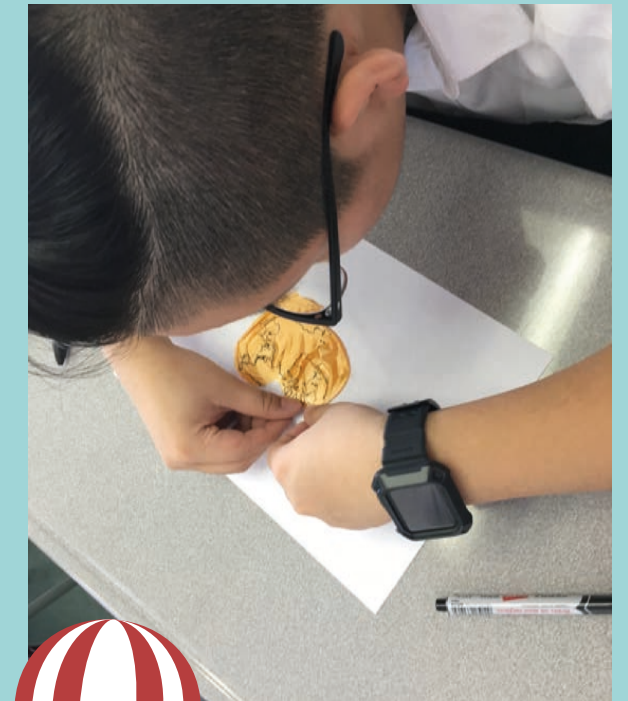


Geography is Where It's At!

There is a new group of students at TIS this year - a group made up of students who are interested in learning about all of the different facets that make up the world around them. These are the first students to enroll in the brand new High School World Geography 30 course, and they have already been very busy exploring.

This course is designed to teach students to examine the world around them in order to gain a better understanding into why our world is the way it is. In this course, students will develop mapping skills as well as develop their understanding of physical geography, human geography and urban geography (just to name a few).

So far these brave explorers have travelled the world with their rock band to explain the five themes of geography, popped Earth balloons to examine mapping projections and created a brand new nation of their very own to explore different types of maps. The journey has only just begun and we've barely scratched the surface of this subject.



Why is Reading so Important at the Secondary Level?

The students in the secondary school ELL program at TIS spend at least 193 days of the year reading 20 minutes per day, which means they complete 65 hours of reading every school year. The research is very clear when it comes to identifying the numerous benefits of reading and this includes mental stimulation, stress reduction, vocabulary expansion, memory improvement, stronger analytical thinking skills, improved focus and concentration and better writing skills. Many literacy experts have noted that excellent literacy skills are the building blocks to all learning and we recognise that literacy is not just important for the English language teacher, but it is also significant for the world geography, science and math teacher as well. Our students are fortunate to have access to over 32,000 titles in our extensive library that include fiction, non-fiction, novels, poetry, science, biographies, history; and regional and international works.

The key to a successful reading program is actually giving students the time to read. In our English Language Learning classes, from grade 7 to 12, we give our students twenty minutes to read at the start of every class. In addition, we make visits to the library regularly to take part in book tastings, so that new high interest novels can be introduced to the students. Did you know that a student should be able to read 95% of the vocabulary on any given page in a book? If they cannot recognize five or more words on a page, that book might be too challenging and this greatly affects the student's confidence in their ability to read and the success the student experiences in completing and comprehending that book.

There is no doubt that reading is one of the most important undertakings that happen in our secondary school and this practise will continue for many years to come.



Touch Rugby

Middle school and high school physical education students were recently learning about the sport of Touch Rugby. By taking a “teaching games for understanding” (TGfU) approach, students focused on developing their skills and knowledge of Touch Rugby through a variety of small group activities with specific progressions built in. As the sport is new to many, we placed an emphasis on being open-minded and strong communicators in an effort to create a positive, engaging, team environment. With its fast-paced approach, emphasis on spatial awareness, and quick decision-making, the skills and concepts learned throughout the unit have many applications to other sports and activities taught at TIS. Students were given opportunities to learn independently through inquiry, reflect on their progress and share ideas regarding tactics and strategies in an effort to build on previous skills and concepts learned. With it being introduced as a core sport in PRC next academic year, both Juniors and Seniors will have an opportunity to put their new skills on display. Go Tigers!

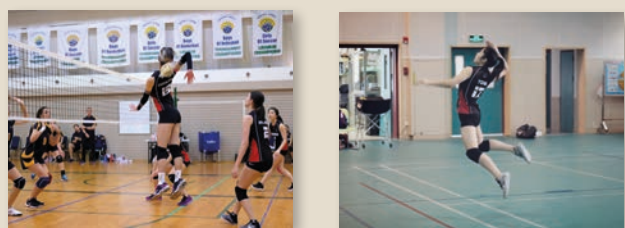


TIGERS ATHLETICS

The Fall athletics season is always the busiest for Tigers athletes. Between the start of school and the end of November, TIS Tigers competed in 20 overseas tournaments and dozens of local DSEJ events. Guangzhou, Shenzhen, Chengdu, Nanjing, Shanghai, and Hong Kong are just a few of the places where the Tigers have left their mark. As always, our athletes competed with vigor and grit in every event, propelled by their relentless pursuit of excellence on and off the sports field. With more than half of the athletics season still ahead, the 2018/19 campaign promises to be yet another record-breaking year.

SENIOR VOLLEYBALL

Having cemented a reputation as a regional high school volleyball powerhouse in recent years, the Tigers were eager to exert their dominance at this year's PRC, ACAMIS, and CDNIS invitational tournaments. While we have a mature program with experienced coaches, both of our girls and boys teams were comprised of young, up-and-coming athletes. Despite their hard work and dedication, the girls team had to settle for 4th both at PRC and CDNIS, while the boys took home a very respectable 3rd at their PRC event in Shenzhen. The annual ACAMIS tournament was an exciting event as always, but especially so this year as it is the first time TIS is competing in the Orange Division with 7 other schools from HK, China and Mongolia. The girls squad responded with tenacity all weekend long and took home the bronze trophy in Shanghai by beating Nanjing in 3 nail-biting sets.



JUNIOR SOCCER

With the addition of SDRC, our middle school soccer teams had more opportunity to compete than ever before. In addition to PRC and SCISAC, the new league offered yet another opportunity for our middle school athletes to compete in the region. SCISAC, however, has always been and will continue to be the crown jewel of our middle school sports tournaments. Coming off a fresh 3rd place at PRC and coming in as twice defending champs at SCISAC, our boys team looked to further entrench the Tiger's grasp on soccer supremacy in Nanjing. The girls teams had finished in 3rd place the past 2 years at this tournament and were eager to better that result. When the dust had settled, the young girls squad secured 5th place at this U15 event while the boys had to settle for 2nd place despite outshooting their opponents 20-2. Nevertheless, it was yet another outstanding year for our middle school soccer players!



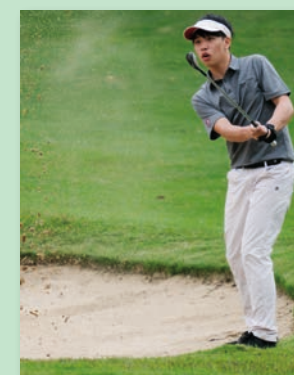
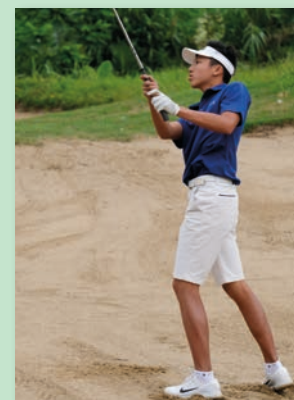
TENNIS

After the graduation of perennial tennis star Terence, there was a gaping hole eagerly waiting to be filled on the TIS tennis roster. A young and talented Kimberley in Grade 10 rose up to the challenge and has secured her spot as tennis queen at TIS. At the PRC high school tennis open, Kimberley and her Grade 9 teammate Sofia, endured a grueling 8-hour tournament against older and more experienced opponents. Kimberley knew age ain't nothing but a number and she rallied as the sun set on a tiring day and took home 1st place in this high school tournament while Sofia stepped up as well and finished in 3rd place. At the time of writing, both players are preparing for the start of DSEJ tennis season. Way to go ladies!



GOLF

One of the fastest growing sports at TIS, golf is quickly gaining traction at our school. With the support of the Macau Golf and Country Club, 18 TIS Tigers train at their driving range on a regular basis, honing their swings and putts. Our more experienced players competed in the inaugural TIS Macao Golf Invitational in October and teed off against 5 players from Discovery College Hong Kong. TIS hopes to expand this event in the future with more regional schools participating. At this year's ACAMIS tournament at Mission Hills Dongguan, TIS golf team members Bebe, Bobo, Jim and Sergio were complimented by 2 brand new additions to our golf family, Luke and Hope. Together, the 6 golfers played a total of 3 rounds in a span of 2 days and took home 3rd place in team standings. Well done Tigers!



SWIMMING

For a school without a pool, our swim team somehow gets bigger and bigger each year. This sport is immensely popular with our student population, especially in elementary. This year, we have more than 20 athletes training and competing on this team. In October, we sent a group of swimmers to the British School of Guangzhou for their annual swim meet and numerous personal bests were set. Edwina took home 3 silver medals at this event and was definitely the most decorated Tiger in the water. In the coming weeks, the swim team will compete at the PRC swim meet in Shenzhen and at the DSEJ swim meet here in Macao. Good luck Tigers!



CROSS COUNTRY

Long distance runners at TIS train twice a week on the trails of Taipa Grande, building their stamina and honing their craft. In November, our cross country team competed in the DSEJ meet on Guia Hill where many personal bests were set and mental barriers were broken. At the time of writing, the cross country is preparing to fly to Chengdu for the annual ACAMIS Cross Country meet where our runners are sure to stride their way to the top.



TIS Student Council

Q&A with the Executive Team



Q: In your opinion, what makes a good leader?

As the president of the Student Council, the most important thing that I believe makes a great leader is to earn the respect of all my members. A leader is responsible for surrounding themselves with confident individuals who can work well as a team. A great leader creates and nurtures other leaders, and I aspire to be the kind of leader that encourages my team to be the very best they can be.

Sarah Guimond
President

Q: How does the Student Council generate revenue?

To be able to serve the high school student body, the Student Council needs money. The source of our money comes from the Food Cart. With a wide variety of products welcomed by the students and approved by our school's health committee, we raise the funds used for events such as the Halloween Haunted House, Christmas Extravaganza, and many more. Of course, we will always welcome any suggestions for new projects.

Andrew Zheng and Ana Marin
Treasurers

Q: How important is it to have good public speaking skills?

As the Public Relations Manager of the Student Council, public speaking is an important element to me. In order to attract people's attention to our events, we have to inform students by speaking confidently during assemblies. There are lots of things to focus on when giving a speech, for example, speaking clearly. Speaking out is the first step for leaders to be heard, which is why public speaking is a vital component for all leaders.

Nicole Iun
Public Relations Manager

Run of Hope Celebrates its 10th Anniversary in Macao

Cooler temperatures and wet weather didn't dampen the spirits of participants at the annual Run of Hope on Sunday, November 25. A total of 350 people took part in the annual charity fundraiser which celebrated its 10th anniversary this year. The event was greatly supported by our TIS community, many dressed up as their superhero alter egos. Mr. Nick Chignall held onto his reign as fastest male, Ms. Caitlin Bass also kept her champion status as fastest female runner, closely followed by Ms. Amy Clack.

We are so proud of our students who gave up their Sunday to help out at the event. The TIS Student Volunteer team helped out as human arrows whilst the Middle School Leadership team kept children entertained with ball games and face painting.

Inspired by Terry Fox, the Run of Hope is organised by the Four Seasons Hotel and supported by partners The International School of Macao and CanCham Macao. Proceeds will be donated to the Kiang Wu Cancer Department and the China Evangeline Fellowship Orphanage in Macao.



A BUSY FIRST TERM FOR TISPA

TISPA would like to extend a warm welcome to all the new TIS parents, students and teachers. It has been wonderful to see so many new faces!

We have had a busy start to the year supporting the school and raising funds. These have included:

- TIS Welcome Back Barbecue: A super busy night with over 400 burgers served!
- TISPA Mid Autumn Festival: A fun filled evening with another barbecue, cakes, games, face painting, popcorn, drinks and seeing the MPR filled with the students beautifully decorated lanterns.
- TISPA Popcorn: September Dress Down Day - it was great to see the Tiger Spirit alive at TIS.
- TISPA Popcorn: October Halloween Dress Down Day - Halloween is always a popcorn day highlight. This year it was extra special as we donated all the profits to Activist-in-Resident, Salva Dut's "Water for South Sudan" charity. A total of MOP4300 was raised. Our November Popcorn sales will also be donated to this great cause.
- TIS Community Day Halloween Theme: We were back with the popular tacos and hot dogs, drinks, popcorn and assorted goodies.
- TIS Eco Warriors Popcorn Day: We donated ingredients and popped popcorn to support the Eco Warriors' efforts to raise funds for "Water for South Sudan". The Eco Warriors started a fantastic environmental initiative by asking students to BYO containers instead of using plastic bags for the popcorn. To continue their care for the environment we ask everyone to bring their own container to future popcorn days. This will save around 4000 plastic bags a year!

Of course, none of these events would be possible without the support of the amazing parents, students and teachers who volunteer their time to make each event happen. A very big thank you to all!

TISPA is very excited to be working with the TIS Leadership Team this year on a list of school projects we plan to sponsor. We look forward to sharing these with you and look forward to your support in the future. If you are interested in volunteering at any of our events, please sign up by scanning the QR code opposite or contact us at TISPA@tis.edu.mo. We encourage all parents to attend our monthly TISPA General Meetings with the TIS Leadership Team. It is a great way to find out what is happening at your school.

Hope to see you all at our next events.

Warm regards from TISPA,
Abby, Connie and Nicole



THE INTERNATIONAL SCHOOL OF MACAO PARENT'S ASSOCIATION (TISPA)

Dear TIS Parents,

The TIS Parent's Association acts as an important link between the School and parents, and helps to promote a sense of community within the School.

It also raises funds to enrich the learning environment.

As a parent of TIS, you are automatically a member of TISPA and are encouraged to attend any of the monthly meetings or join any of the TISPA Sub-Committees. Your input is invaluable! Research has shown that a student's education is enhanced when parents actively volunteer in their school.

If you would like to be on the committee, and/or assist with school events please submit the Volunteer Sign-Up form by clicking on this link <https://goo.gl/forms/HgzJxwirDZz4kRdc2> or scanning the QR Code below:



Your personal details will not be used for any purpose other than to pass on school and TISPA news and events.



WHERE ARE THEY NOW?

MC Barnes. Half Chinese. Half American.
Journey of A Photographer based in London.

After graduating from TIS in 2012, I went to college in Los Angeles at the Fashion Institute of Design & Merchandising, studying Digital Media (a 2 year Associates Degree course covering photography, photo editing, video editing, sound design, storyboarding, filmmaking, and other digital realms.) After graduating in 2014, I returned to Macau to take a gap year as I wasn't sure what I wanted to do next, though I was still interested in photography and filmmaking. In the midst of the gap year, I came across the BA (Hons) Fashion Photography course at the University of Arts London. I applied and was accepted.

This July, I received my Bachelors (Hons) in Fashion Photography. The past 3 years has been a long journey of immense personal growth, not only through my photography, but learning more about my culture and being proud of who I am. I learnt to be confident in developing my artistic and theoretical concepts further.

As many students will agree, the competition in finding your desired internship in London is quite hard. Nonetheless, through the power of social media, I found an internship with a photographer, publisher and model agent, Campbell Addy who also graduated from UAL. I had no idea what an amazing adventure I was in for. I interned for eight months at Niijournal, a magazine owned by Campbell. I assisted him on photo shoots, researching printers, shoot locations and other administrative duties.

In August 2017, Campbell asked me to join his modelling agency full time as Head Model Booker. To be honest, I never thought I would work as a model booker, however this truly has given me so much happiness and excitement every day. The basis of Nii Agency is to create a greater and grander representation of diverse models from all walks of life, cultures, ages, and life stories. I manage the schedules for over 60 models, I organise their castings, fittings and travel plans, take new model digitals, and much more. A recent proud moment includes a brand new model who walked for a few shows at London Fashion Week, a week later he was requested to model for the world renowned GQ India. We have also had our models in an Apple App Store shoot, shot for Rihanna's Savage x Fenty campaign, walked in a Balenciaga show during Paris Fashion Week and shoot for a Burberry, Benetton, and British Vogue.

It is a lot of hard work amongst the glitz and glam of booking these big jobs. To be up at 5am or staying up till 3am to make sure a model is awake for their shoot, battling with the time difference when I'm in Macau / Hong Kong working with the UK clients can be challenging. That being said, I wouldn't change it at all. It has taught me to have great patience with myself and others; that good things sometimes take a lot of time and energy. In the age of social media, when fellow peers can post essentially the



highlights of their lives, one must not compare yourself to their success. We must have patience with the things that we do and to focus on our well-being, our own journeys and success.

Fashion photography was my other focus of study at university. Visibility of women of colour in my work is really important, seeing the correct representation is so important especially for young people. A very important piece of work that I'm extremely proud of is the dissertation I wrote at university, about how female artists have reinvented the representation of East Asian women in visuals, for which I received an A-. Personally, this was a monumental piece of work due to how much I learned about my culture and the misrepresentation of East Asian women throughout history, but more importantly, how female artists reappropriated those happenings, and took their agency back.

In the summer of 2018, I was chosen by the Tate Collective at the Tate Modern, London as one of a handful of their favourite photographers under 26 years of age. Tate Collective is aimed at creating better opportunities for young people to connect to art, culture, and media. I've attached a few examples of my photography and my website. <http://www.mcbarnes.format.com/>

Growing up, I took a stand with myself and decided never to let anyone dictate how I should express myself, or handle my body. In school, peer pressure can be a big factor that can negatively or positively mould one's life. If I could give any tips to students, it would be not to let others have a hold on you. You are your own person, you have your own thoughts, beliefs, morals, and unique experiences, that makes you who you are! Never let anyone make you feel bad for that.



Blissful Carrot

Rua de Carlos Eugenio, no. 79A
Goio Fai Kok Res-do-Chao B
Taipa, Macau
Phone: 6298 8433
blissfulcarrot@gmail.com



Greenhouse

Estrada Governador Nobre de Carvalho,
No 701, Jardim Lameiras II, R/C, Taipa
Phone: 2857 6135



il Café Restaurant

Rua de Seng Tou, No 319
Edf. Nova taipa Garden, Block 21
Phone: 2883 8372



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Phone: 6337 8488
Online Shop
www.LovingMacau.com



Sheraton Grand Hotel

Estrada do Istmo, s/n, Cotai, Macau
Phone: 2880 2000
www.sheratongrandmacao.com



Physio One Centre

Rua de Ferreira Do Amaral 11E,
1-3/F Macau
Phone: 2835 3119 / 28353156
www.physiomacau.com



Tuga & Lola

Rua dos clérigos n 6 Taipa, Macau
Phone: 62334084
www.tugalola.com



Warrior Fitness

Va Nam Building
Avenida Olimpica, Taipa
Phone: 6223 1511
www.warriormacau.com



TIS STAFF LOYALTY PARTNERS

Hair Cloud

Rua de San Tau, No. 159
Taipa, Macau
Phone: 2883 0371



Cuppa Coffee

Rua Fernao Mendes Pinto 104
Taipa, Macau
Park N Shop, Rua de Evora
Taipa, Macau
Phone: 2882 5201
www.mycuppacoffee.com



Hard Rock Café

Level 2 - The Shops at The Boulevard,
City of Dreams. Estrada do Istmo,
Cotai, Macau
Phone: 2882 4662
www.hardrock.com/cafes/macau



LAX Café

Shop Y, Supreme Flower City
Rua de Braganca No. 120
Taipa, Macau
Phone: 2884 3093



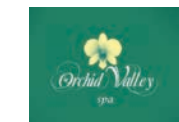
University Hospital

Block H, Macau University of Science
and Technology, Avenida Wai Long,
Taipa, Macau
Phone: 2882 1788
www.uh.org.mo



Orchid Valley Spa

Nova Taipa Garden
Edf. Hou Keng Garden Block 23 RC
Taipa, Macau
Phone: 2883 3356



Savory Crab

Block 21, G/F Nova Taipa Garden
Rua de Seng Tou, Taipa, Macau
Phone: 2885 5945



The Seasons Restaurant

Block N, Library Building,
MUST Campus Taipa, Macau
Phone: 8897 1888
www.mustseasons.com





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italian kitchen

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Every Sunday, 12:00 NOON – 3:00 PM

MOP **478+** | MOP **100+** aged 6 to 12 years
Per adult | Per child

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